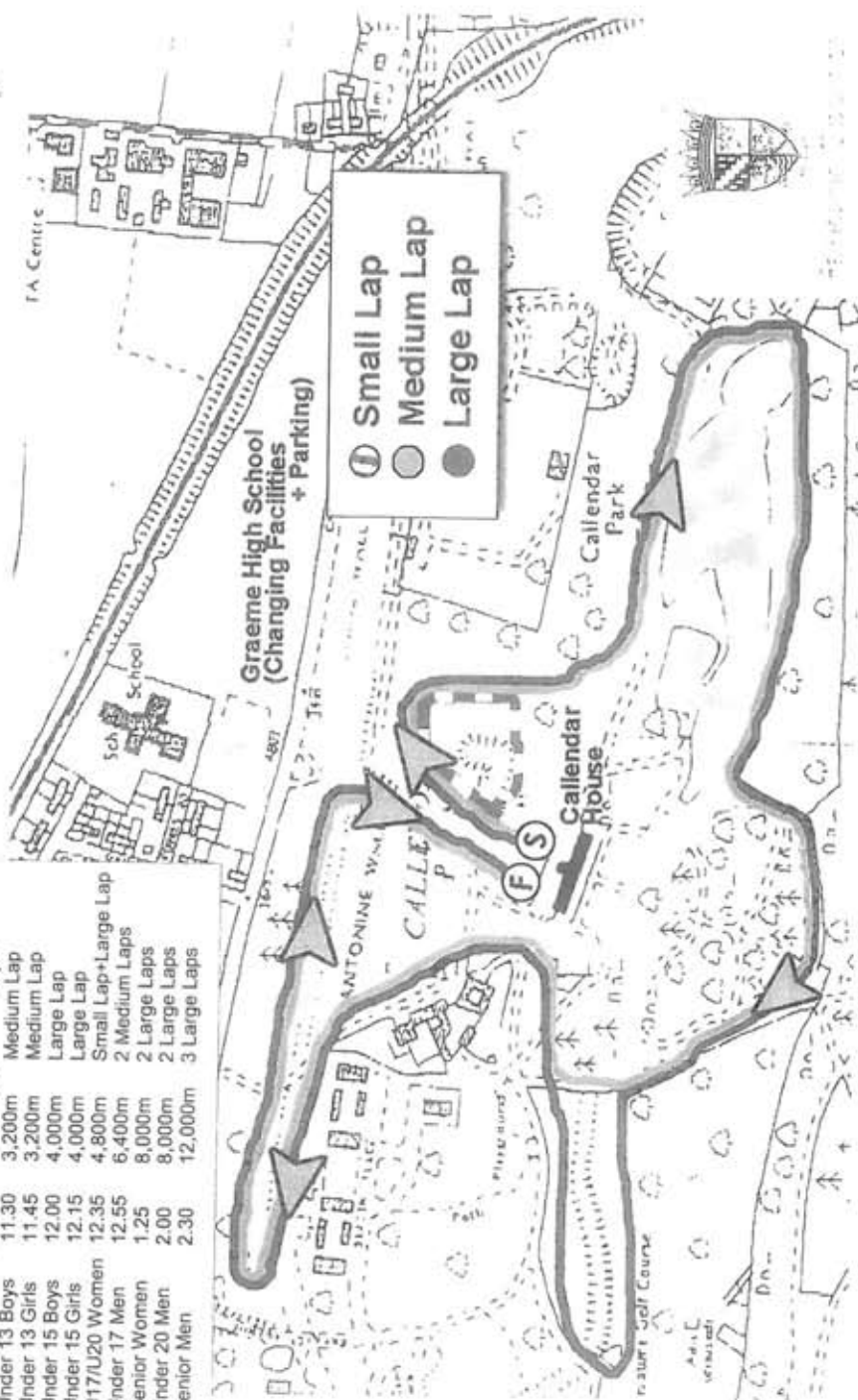


Scottish National Cross Country Championships
Falkirk (Callendar Park) Saturday 21st February 2009

scottishathletics

Race	Start	Distance	Laps
Under 13 Boys	11.30	3,200m	Medium Lap
Under 13 Girls	11.45	3,200m	Medium Lap
Under 15 Boys	12.00	4,000m	Large Lap
Under 15 Girls	12.15	4,000m	Large Lap
U17/U20 Women	12.35	4,800m	Small Lap+Large Lap
Under 17 Men	12.55	6,400m	2 Medium Laps
Senior Women	1.25	8,000m	2 Large Laps
Under 20 Men	2.00	8,000m	2 Large Laps
Senior Men	2.30	12,000m	3 Large Laps



scottishathletics



National Cross Country
Championships
Callendar Park, Falkirk
Saturday 21st February
2009



Falkirk Council

Run and Become
Become and Run



WELCOME MESSAGES

The SAL National Cross Country Championships is the pinnacle of the Cross Country season in Scotland. As of every year we are indebted to the many Officials and helpers whose meticulous preparation and planning ensure the success of this event.

I am delighted to welcome everyone back to Callendar Park, Falkirk where the Men's Championships were first held on February 28th, 1981. This is the 8th time the Championships have returned to this venue and we are grateful to Falkirk District Council, the members of Falkirk Victoria Harriers and Run & Become for their continued support.

Most importantly, today is about the dreams and aspirations of all the athletes. Whether that is in winning a Championship, being a member of a scoring team or merely enjoying the pleasure of sharing the major race of the year with fellow athletes, let me wish you all success. Most importantly, like Doug Gunstone of Fife AC who is running in his 41st consecutive Championships, enjoy the challenge of the competition.

Ron Morrison
Convener, Road Running and Cross Country Commission

It gives me great pleasure to welcome you all to the scottishathletics National Cross Country Championships 2009. I wish all those athletes who have set their seasons target as membership of the Scottish team for the resurrected Home Countries International or the World trials in Nottingham and a place in the GB & NI team for the World Cross Country Championships in Amman, Jordan at the end of March every success.

Many people generously give their time in organising an event such as this, and thanks therefore to all those involved - the officials, coaches, Road Running and Cross Country Commission, scottishathletics office staff and the members of Falkirk Victoria Harriers. Without them today's Championships would not take place.

I am sure everyone will enjoy what should be a day of very competitive Cross Country competition and trust the spectators will support all the athletes and help them to produce their best performances.

Have an enjoyable and successful day.

Alan Potts
President, scottishathletics

OFFICIALS National Cross Country Champs - Falkirk 21st February 2009

Referee	Ron Morrison
Clerk of Course	Andy Stevenson
Course Builders	Dave Lothian, Andy Ronald, Davie Wilson, Andy Stevenson and other members of Falkirk Victoria Harriers
Start/Finish Area	Jim Young, Bob Reid, Matt Ferguson
Officials Reception	Graham Sword, Alex Jackson
Judges	Ian Clifton (Chief), Robert McSwein
Funnel Control (Males)	Andy Law (Chief), Dave Cairns, Angus Cameron, Henry Muchamore
(Females)	Phyllis Law, Anne McManus
Timekeepers	Duncan McLaren (Chief), Sheila McDougall, Joe Bruce, Margaret Daly
Recorders (Places)	Sandra Hardacre (Chief), Bill MacDougall, Ian Hislop, Norman Gould, Allan Smith, Neil Donachie (Tape)
Recorders (Time)	Molly Wilmoth (Chief), Jean Youden, Dave McConnell
Starters	Barry Craighead, Sandy Robertson
Marksman	Fred McCluskie, Jim Semple
Declarations	Alex Jackson, Jen Jackson, Kath Melville
Results	Peter Jackson, Sheila Smart, Marion Donachie
Announcers	Geoff Wightman (Chief) Murdoch McGregor
Press	Katy Anderson
Course Stewards	Members of Falkirk Victoria Harriers
Presentations	Alan Potts, Marjory Cook, Graham Sword
Jury of Appeal	Marjory Cook, Alan Potts, Robin Thomas
Reception	Alan Potts, Ron Morrison, Robin Thomas, Graham Sword
Doctor	Steve Boyce
Events Managers	Ross Cunningham
Co/conveners	Alex Jackson, Jim Young

Under 13 Boys

Distance 3,200 metres	The race will start at 11.30
The winning team will be awarded the 'McKenzie Cup'	2008 Team VP City of Glasgow
The winning individual to be awarded the 'Alex Nangle Memorial Trophy'	2008 Ind Finlay Rae (Ayr Seaforth) TEAMS 4 TO COUNT

Aberdeen AAC	Colours: White with 2 red hoops	
1 Alec I Young	2 Liam Rae	3 Robert N Walton
Airdrie Harriers	Colours: Grey and sky Blue with 3" Black diag.	
4 Stuart McLuckie		
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross	
5 Shaun Rennie	6 Ben Steven	7 Cristiano Santos
Banchory Stonehaven AC	Colours: Royal Blue with White band	8 Joshua Andrews
9 Bruce Dryburgh	10 Sean Leith	11 Daniel Rees
Calderglen Harriers	Colours: Amber and Black Vertical Stripes	
12 Ross Barrie	13 Ian Rae (Jnr)	14 Ross Paterson
16 Paul Mullen	17 Alistair Crawford	15 David McMonagle
Central AC	Colours: Yellow and Blue	
18 Joe Little	19 Philip Wright	20 Domenico Angiolini
22 Nathan Betton	23 Malcolm English	24 Alexander Semple
Corstorphine AAC	Colours: White with Black Trim	21 Michael McCabe
26 Alexander Wilkie	27 Daniel Johnston	28 Jack Brown
30 Michael Addison	31 Rory Henderson	25 Kyle Petrie
Cumbernauld AAC	Colours: Sky Blue with Maroon Band	29 Matthew Galloway
32 Andrew Lawler		
Dundee Hawkhill Harriers	Colours: Blue and White Quarters	
33 Harry Ogilvie	34 Ruairidh Baxter	35 Euan Strachan
Dunfermline & West Fife AC	Colours: Dark Blue, Light Blue, White	36 Murray Angus
37 Rory Muir		
East Kilbride AAC	Colours: Gold with 2 Black hoops	
38 James Pearson	39 Stuart Curran	40 Jack Kirwan
42 Duncan Coull	43 Andrew Murray	44 Iain Robb
Edinburgh AC	Colours: White with one Blue, one Black Hoop	41 Cameron Scott
46 Jake Kerr	47 Robert Bough	48 Jack Harrison
50 Dominic O'Hare	51 Gregor Burns	52 Patrick Ryan
54 Jacob Hunter	55 George Loudon	56 Josh Kerr
Falkirk Victoria Harriers	Colours: Black with Gold Band	49 Michael Cameron
57 Aidan Hilton	58 Baillie McRoberts	59 Ruari Kirkwood
Fife AC	Colours: White with Red Band	53 Calum Robertson
61 Euan Berry	62 Glen Gardiner	63 James Killeen
Gala Harriers	Colours: White with Green Band	60 Craig Mitchell
65 Rowan Marr	66 Frazer Gowans	64 Logan Rees
Garscube Harriers	Colours: White with Blue Band	
67 Alastair Stanley	68 Fraser Knox	69 Liam McLoone
71 Sam Daniels	72 Rory Stevenson	70 Darren McGowan
George Heriots School	Colours: White with Blue Band	
73 Ben Phelps	74 Cameron Jeffrey	75 Fraser Christie
77 Alistair Cranston		76 Iain Lindsay
Giffnock North AAC	Colours: Amber with Royal Blue Hoop	
78 Rob Gourley	79 Dewi Gould	80 Jamie Cook
82 Max Lancaster	83 Gil Banks	81 Patrick Lonergan
86 Philip Lee	87 Mark Williams	85 Darren Martin

Greenock Glenpark Harriers	Colours: Sky Blue with Royal Blue and Gold Hoops	
88 Gerard Smith	89 Craig Knight	90 Jack Harrington
92 Michael Isaac		91 Ross Forbes
Haddington East Lothian Pacemakers	Colours: Red and White Halves	
93 Kyle Dunlop	94 Innes Ogilvie	
Helensburgh AAC	Colours: Yellow with Red Band	
95 Ross Kennedy	96 Calum Wilson	
Inverclyde AC	Colours: Black & White Stripes	
97 Jonathan Glen	98 Ross Gray	99 Joshua Houston
101 Rory Morrison	102 Jack Rice	103 Robert Todd
Inverness Harriers	Colours: Gold with Maroon Diagonal	100 Andrew Kelham
105 Harry Barton	106 David Grindell	107 Patrick Kelly
109 Alan MacDonald	110 Christopher Mollison	111 Roddy A G Tweedie
Irvine AC	Colours: Red with Black Trim	104 Kwame Antoine
113 Kian Douglas	114 Christopher Jenks	115 Gordon Wilson
Kilbarchan AAC	Colours: Gold with Black Hoop	
116 Callum Matthews	117 Nicholas Love	118 Rorie Tracey
120 Euan Gillham	121 Thomas Collins	122 David Richardson
124 Andrew Mitchell	125 Fraser Bone	126 Alan Sharp
128 Gavin McArdle		119 Christopher McStay
Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes	123 Cameron Swanson
129 Fergus Morris	130 Andrew Jones	131 Peter Baird
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops	127 Gregor Wylie
132 Gavin Alexander	133 Kieran Pugh	134 Callum McCormack
136 Andrew Sykes	137 Scott McIntyre	135 Fraser Connal
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band	
138 Jamie Cousin	139 Callum Clark	140 Gareth Fleming
142 Calum A MacKenzie	143 John Wyse	144 David Wyse
146 Kyle A Mackenzie	147 Lewis Black	148 Callum Selman
Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band	141 Ross Henderson
149 Luke Foss	150 Ryan Fernon	151 Rory McLaughlan
153 Steven Bryce	154 Calum Lindsay	155 Cory Reynolds
Livingston & District AAC	Colours: Yellow with Green Stripe	145 Callum Grahame
157 Scott Malcolm	158 Calum McLean	152 Taylor J Black
Moorfoot Runners	Colours: Red and Blue	156 Jay Cowan
159 Jacob Adkin	160 Lucas Cheskin	161 Ruairidh Britton
Moray Road Runners	Colours: Dayglow yellow with Black Trim	162 Kobe Stevens
163 Jack Christie	164 Lewis Sin	
Musselburgh AC	Colours: Red with Black Stripes	
165 John Archer		
Perth Strathay Harriers	Colours: Orange with Blue Trim	
166 Duncan Tait	167 Michael Gillespie	168 Jacob Lewis
Pitreavie AAC	Colours: Navy/Yellow/White	
169 Aidan Thompson	170 Ben Potrykus	171 Liam Young
Ron Hill Cambuslang Harriers	Colours: Red with White Band	
172 Sean Paul Brannan	173 Colin Blyth	174 Brendan Carey
176 Keith McIntyre	177 Jack MacGregor	178 Andrew McLuckie
180 David Robertson	181 Ross Stephen	182 Ryan Thomson
Ross County		175 Fraser Ebbitt
183 Douglas Holland		179 Ryan Miller
Shettleston Harriers	Colours: Blue with Gold Band	
184 Callum Drummond	185 Marcus Gault	186 Ryan Flanagan
188 Murray McGiven	189 Gavin Glass	187 Jock Breckenridge
Stornoway RC	Colours: Red with Yellow Hoop	
190 Ross Allison	191 Campbell MacDonald	192 Stuart MacDonald
193 Micheil Russell Smith		
Teviotdale Harriers	Colours: White with Maroon Band	
194 Gordon Armstrong		
Victoria Park City of Glasgow	Colours: Blue and White Hoops	
195 Lewis Boyle	196 Liam Shaun Turner	197 Fraser Barbour
199 Marc Rooney	200 James Finlay	201 Jamie Middleton
203 Jack Moreland		198 Kieren Rafferty
		202 Murray Sim

46, 195, 37

Under 13 Girls

Distance 3,200 metres	The race will start at 11.45
The winning team will be awarded the 'John Waddell Shield'	2008 Team: Giffnock North AAC
The winning individual to be awarded the 'William Bramwell Trophy'	2008 Ind Sarah Cassels (Ayr Seaforth)
	TEAMS 4 TO COUNT

Aberdeen AAC

Colours: White with 2 red hoops

1 Eilidh Prise

Ayr Seaforth AAC

Colours: White with Red Diagonal Cross

2 Emma Vallely

3 Emma Johnston

Banchory Stonehaven AC

Colours: Royal Blue with White band

4 kelsey Stewart

5 Lindsey Young 6 Eve Sealy

Caldergleng Harriers

Colours: Amber and Black Vertical Stripes

7 Amy Mulholland

Central AC

Colours: Yellow and Blue

8 Kathryn Gillespie

9 Roisin Bonucchi 10 Tara Walls

12 Emily Greenan

13 Farren Parkins 14 Lisa Hardman

Clydesdale Harriers

Colours: White with Black "C"

16 Rachel Busby

17 Kirsty Alexander 18 Miren Wright

Corstorphine AAC

Colours: White with Black Trim

19 Becca Smith

20 Isla Scott

Dundee Hawkhill Harriers

Colours: Blue and White Quarters

21 Kirsty M Reynolds

22 Katie Anderson 23 Aneila Mellish

25 Beth Curtis

26 Ailsa Peters 27 Beth Fyffe

East Kilbride AAC

Colours: Gold with 2 Black hoops

29 Caitlin Hackett

30 Megan Stewart 31 Olivia Steven

33 Sophie Smith

34 Jessica Smith

East Sutherland AC

36 Bethan Nadin

35 Eilidh MacRae

Colours: White with one Blue, one Black Hoop

Edinburgh AC

38 Anna Hyde

37 Alexandra Hunter

39 Emily Strathdee

40 Heide Biberach-Laidlaw

41 Hannah Cameron 42 Rosie Wilson

44 Claire Prentice

45 Joanna Prentice 46 Georgina Loudon

Elgin AAC

Colours: Black White Band

47 Natasha Webster

Falkirk Victoria Harriers

Colours: Black with Gold Band

48 Alana Boggan

49 Samantha Eadie 50 Kelly Bissett

52 Katherine Mitchell

53 Julie Nimmo

Gala Harriers

Colours: White with Green Band

54 Kerry Sandilands

55 Alison Brown 56 Skye Shiell

Garscube Harriers

Colours: White with Blue Band

57 Catriona Graves

Giffnock North AAC

Colours: Amber with Royal Blue Hoop

58 Selena Jackson

59 Chloe Cowan 60 Holly Miller

62 Monica Lowrie

63 Lorna Beattie 64 Frances Loneragan

66 Megan Adams

67 Helena Davidson 68 Isabella Murray

Greenock Glenpark Harriers

Colours: Sky Blue with Royal Blue and Gold Hoops

70 Shannon Kangley

71 Meighan McDade 72 Gabrielle Fisher

73 Rebecca McDiarmid

74 Louisa Davis

Haddington East Lothian Pacemakers

Colours: Red and White Halves

75 Emily Baxter

76 Katie Archibald

Harmony AC

Colours: Red with Green Diagonal

77 Alison Broadhurst

Helensburgh AAC

Colours: Yellow with Red Band

78 Megan Robertson

Inverclyde AC

79 Gemma Campbell

83 Megan Shelton

87 Kelly Williams

Inverness Harriers

88 Kayleigh Boyd

92 Bethany Irvine

Irvine AC

93 Suzanne McManus

97 Lauren Hollis

Kilbarchan AAC

98 Gwen Gillham

102 Kathryn Lee

106 Siobhan Young

Kilmarnock Harriers

107 Brogan Wallace

Kirkintilloch Olympians

110 Ellis McCluskey

Lasswade AAC

114 Amy Smith

118 Kirsty Purves

Law & District AAC

120 Laura McArdle

Lochaber AC

124 Mairi MacRae

Lothian Running Club

126 Alice Horsburgh

Moorfoot Runners

128 Sophie Collins

Moray Road Runners

129 Molly Donegan

Motherwell AC

130 Mhairi Hendry

Musselburgh AC

131 Kerry Morris

Nithsdale AC

132 Melissa McCrindle

Perth Strathtay Harriers

133 Iona Tavendale

Pitreavie AAC

135 Katey Turner

Preston Harriers

139 Florie McLeish

Ron Hill Cambuslang Harriers

140 Rebecca Bonomi

Ross County

143 Catriona Holland

Shettleston Harriers

144 Jemma McQuillan

148 Nicola Mackay

Sornoway RC

150 Alison MacInnes

Teviotdale Harriers

151 Mhairi Inglis

155 Lauren Renwick

Victoria Park City of Glasgow

156 Rachel Dick

160 Eve Dunlop

164 Anya Morrison

Colours: Black & White Stripes

80 Robyn Harte

84 Chloe Simpson

81 Amy Meechan

85 Holly Stinson

82 Evie Semple

86 Laura Thomson

Colours: Gold with Maroon Diagonal

89 Carey Ross

90 Arianne Ross

91 Heather Campbell

Colours: Red with Black Trim

94 Aimee Kerr

95 Alana Crawford

96 Ashley Lawson

Colours: Gold with Black Hoop

99 Katya Shankland

100 Catherine McLean

101 Chloe Hardie

103 Sapphire Lesage

104 Laura McEwan

105 Kirsty Harper

Colours: Royal Blue with 2 White Stripes

108 Fern Wales

109 Lorne Kerr

Colours: Sky Blue with White and Black Hoops

111 Nicole Tucker

112 Emma Canning

113 Abbi Kidd

Colours: White with 2 Blue Bands and Red Band

115 Amy Frankland

116 Fiona Matheson

117 Sally Redpath

119 Dawn McKimmie

Colours: Amber with 2 Red Bands and 1 White Band

121 Margaret Newell

122 Nadene Traynor

123 Sherelle Graham

Colours: White with 2 Blue Hoops

125 Isla Mackay

Colours: Blue with Black letters

127 Lauren Arbuckle

Colours: Red and Blue

Colours: Dayglow yellow with Black Trim

Colours: Red with White edging

Colours: Red with Black Stripes

Colours: Jade Green/Black/White

Colours: Orange with Blue Trim

134 Hannah McCollam

Colours: Navy/Yellow/White

136 Eilidh Reid

137 Amy McAlpine

138 Sara Eydmann

Colours: Red with White Band

141 Niamh O'Donnell

142 Catriona Wilson

Colours: Blue with Gold Band

145 Myrtle Breckenridge

146 Kerri Haran

147 Hannah Heggarty

149 Lisa Walker

Colours: Red with Yellow Hoop

Colours: White with Maroon Band

152 Rhianna Renwick

153 Louise Mercer

154 Catherine Mercer

Colours: Blue and White Hoops

157 Melanie Chiswell

158 Eliza Chiswell

159 Iona Wilson

161 Eilidh McEvilly

162 Mhairi Patience

163 Georgia Callander

165 Katya Morrison

166 Stephanie Ryan

167 Anna Cunningham

Under 15 Boys

Distance 4,000 metres	The race will start at 12.00
The winning team will be awarded the 'John D Semple Cup'	2008 Team Ron Hill Cambuslang H
The winning individual to be awarded the 'Jock Semple Trophy'	2008 Ind David Vernon (Nithsdale AC) TEAMS 4 TO COUNT

Aberdeen AAC 204 Craig Wallace	Colours: White with 2 red hoops 205 Elliot Noble	
Arran Runners 206 Michael Jenks	Colours: Black/Yellow	
Ayr Seaforth AAC 207 Finlay Rae 210 Angus Johnston 214 Calum Moultrie	Colours: White with Red Diagonal Cross 208 David Carter 211 Ben Johnston 215 David Ellis	209 Adam Paul Steven 212 Euan Webster 213 Scott Jones
Banchory Stonehaven AC 216 Michael Ferguson	Colours: Royal Blue with White band 217 Jamie Andrew	
Calderglen Harriers 218 Ewan Murray 222 Josh Ladds	Colours: Amber and Black Vertical Stripes 219 Richard Campbell 223 Stuart Hill	220 Kris Stewart 224 Ross Jarvie 221 Daniel Mullen
Carnegie Harriers 225 Fergus McGaw	Colours: Orange & Green	
Central AC 226 Ross Milne 230 Logan Bonar	Colours: Yellow and Blue 227 Roddy Irvine 231 Gordon Milne	228 Alexander Coubrough 229 Sam Fraser
Clydesdale Harriers 232 Tony Dolan	Colours: White with Black "C" 233 Lewis Wood	
Corstorphine AAC 234 Christopher Galloway 237 Connor Johnston	Colours: White with Black Trim 235 Dugald Hepburn 236 Callum Smith	
Dundee Hawkhill Harriers 238 Jamie Crowe	Colours: Blue and White Quarters	
East Kilbride AAC 239 Ben Stafford	Colours: Gold with 2 Black hoops 240 Ross McGill 241 Ross MacFarlane	242 Scott Hernon
Edinburgh AC 243 Jake Wightman 247 Matthew Grundy	Colours: White with one Blue, one Black Hoop 244 Sam Wightman 248 Ciaran Turton	245 Peter Cameron 246 Ruairidh Miller
Falkirk Victoria Harriers 249 Mark Govan	Colours: Black with Gold Band 250 Ben Stevenson 251 Scott Stirling	
Fife AC 252 Ryan McIntosh	Colours: White with Red Band 253 Ewan Paton	
Gala Harriers 254 Cameron Gowans	Colours: White with Green Band	
George Heriots School 255 Sam Harrison	Colours: White with Blue Band 256 Sandy Thin 257 Oliver Johnston-Watt	
Giffnock North AAC 258 Grant Muir 261 Jonathan Tweedie 265 Scott Young 269 Johnny Wong	Colours: Amber with Royal Blue Hoop 259 Jack Walker 262 Neil Gourley 266 Jamie Lewis 270 Lewis Coultas	260 Sandy Nimmo 263 Christopher Russell 267 Anthony Deveney 271 Andrew Clark
Girvan AAC 272 Caine Wilson	Colours: White with Blue & Green Hoops	
Greenock Glenpark Harriers 273 Adam McCormick 276 Martin McGowan	Colours: Sky Blue with Royal Blue and Gold Hoops 274 David Reay 275 Ross Knight 277 Tom McKitterick	

Inverclyde AC 278 Jack Bushfield 282 Matthew Thomson	Colours: Black & White Stripes 279 Jonathan Hill 283 Greg Williams	280 Michael Houston 281 Rory Kelham
Inverness Harriers 284 Patrick Urquhart 287 Craig Campbell	Colours: Gold with Maroon Diagonal 285 Ross Fraser 288 Alexander Thorne	286 Niall Ross
Kelvin Runners 289 Marc Austin		
Kilbarchan AAC 290 Russell Mountford 294 Calum MacLeod	Colours: Gold with Black Hoop 291 Craig Haxton 295 Adam Butler	292 Ross Heggie 293 Matt Wild
Kilmarnock Harriers 296 Cameron Mackie	Colours: Royal Blue with 2 White Stripes 297 Roy Shankland	298 Evan Cornforth 299 Nathan Ross
Kirkintilloch Olympians 300 Andrew McCormack 304 Kyle Terry	Colours: Sky Blue with White and Black Hoops 301 Callum Heirs 302 Scott Lawrie	303 Scott Molloy
Lasswade AAC 305 Ryan Cook	Colours: White with 2 Blue Bands and Red Band	
Law & District AAC 306 Craig Wellcoat	Colours: Amber with 2 Red Bands and 1 White Band 307 Daniel Graham 308 Daniel Grieve	309 Ross Hill
Moray Road Runners 310 Moray Goodfellow	Colours: Dayglow yellow with Black Trim 311 Blair Little	
Musselburgh AC 312 Daniel Ingram	Colours: Red with Black Stripes	
Perth Strathgry Harriers 313 Patrick Gillespie	Colours: Orange with Blue Trim 314 Alex Jardine	
Pitreevie AAC 315 Scott McAlpine	Colours: Navy/Yellow/White	
Ron Hill Cambuslang Harriers 316 Connor Gannan 319 Michael Miller	Colours: Red with White Band 317 Matthew McKenna 320 Michael Rankin	318 Dean McMullan 321 Stuart Roe
Ross County 322 Thomas Day		323 Kieran Godey 324 Stuart Michael
Shettleston Harriers 325 Archie Breckenridge 328 Patrick O'Donnell	Colours: Blue with Gold Band 326 Euan Birch 329 Calum Divers	327 Brian Stuart 330 Liam Grogan
Stornoway RC 331 Calum Robertson 334 Duncan McKellar	Colours: Red with Yellow Hoop 332 Josh Sinclair	333 Robert Jones
Teviotdale Harriers 335 Dylan Mitchell	Colours: White with Maroon Band 336 Josh Noble	337 Keith Learmonth
Victoria Park City of Glasgow 338 Max Aitchison 342 Paul MacFarlane	Colours: Blue and White Hoops 339 Hugh Mackenzie 340 Craig Young	341 James Ross

306, 258, 207

313, 211, 180

Under 15 Girls	
Distance 4,000 metres	The race will start at 12.15
The winning team to be awarded the 'Falkirk District Sports Council Trophy'	2008 Team VP City of Glasgow
The winning individual to be awarded the 'William Bramwell Memorial Trophy'	2008 Ind Emily Dudgeon (Edinburgh AC) TEAMS 4 TO COUNT

Aberdeen AAC	Colours: White with 2 red hoops		
168 Abbie Buchan	169 Katie Bain	170 Kate Murdoch	
Anster Haddies	Colours: Yellow Vest		
171 Jennifer Cruickshanks	172 Fiona Cruickshanks		
Arbroath & District AC	Colours: Black with vertical yellow stripe		
173 Naomi Dunphy			
Ayr Seaforth AAC	Colours: White with Red Diagonal Cross		
174 Sarah Cassells	175 Katie Sprang	176 Lauren Goldie	177 Nicola Dunn
178 Marie Hill			
Banchory Stonehaven AC	Colours: Royal Blue with White band		
179 Rachel Smith			
Caithness AAC	Colours: White with Blue Line		
180 Emma Dunnett	181 Oonagh Dunnett		
Calderglen Harriers	Colours: Amber and Black Vertical Stripes		
182 Emma Campbell			
Central AC	Colours: Yellow and Blue		
183 Julie Cook	184 Rachel Adamson	185 Amy Hendry	
186 Imogen Burnell	187 Stacey Hardman	188 Cairi McNeil	
189 Kirsty Buchanan	190 Molly Tweedie		
Clydesdale Harriers	Colours: White with Black "C"		
191 Kirstie Kelly	192 Claire Reid	193 Diane Nicholson	
Corstorphine AAC	Colours: White with Black Trim		
194 Lisa Christy	195 Isabelle Bough		
Dundee Hawkhill Harriers	Colours: Blue and White Quarters		
196 Georgina Black	197 Rebecca Morris	198 Ella Peters	199 Amy Barton
200 Aeron Mellish	201 Louisa Stewart		
East Kilbride AAC	Colours: Gold with 2 Black hoops		
202 Rhona Calder	203 Rachael Thomson	204 Jennifer Waddell	205 Rachel Fairlie
206 Jacqueline Fergusson	207 Laura McLaughlan	208 Emma Fairlie	209 Julia Calder
East Sutherland AC			
210 Jade Currie			
Edinburgh AC	Colours: White with one Blue, one Black Hoop		
211 Rachael Dunn	212 Caitlin Gray	213 Olivia Mackenzie	214 Olivia O'Hare
215 Laura Robertson	216 Taiana Spens	217 Blair Wood	
Falkirk Victoria Harriers	Colours: Black with Gold Band		
218 Amy Manson	219 Lucy Mitchell	220 Caitlin Thomson	
221 Sarah Hamilton	222 Hazel Murray	223 Jane Ainslie	224 Claire Barr
Fife AC	Colours: White with Red Band		
225 Robyn Graham	226 Grace Collison-Owen	227 Olivia Collison-Owen	228 Halina Rees

Gala Harriers	Colours: White with Green Band		
229 Martha Douglas	230 Alice Haining	231 Emily Jones	232 Hannah Jones
233 Lucy Henderson-Morris			
Garscube Harriers	Colours: White with Blue Band		
234 Kirstin Halliday	235 Rachel Knox		
Giffnock North AAC	Colours: Amber with Royal Blue Hoop		
236 Madeline Murray	237 Linzi Cowan	238 Olivia Keenan	
239 Rebecca Patrick	240 Lucy Patrick	241 Frances Lowrie	242 April Miller
243 Stephanie Fairfield	244 Petrena Marshall	245 Nikki Manson	
Greenock Glenpark Harriers	Colours: Sky Blue with Royal Blue and Gold Hoops		
246 Shona Webster	247 Eilidh Hamill	248 Carly Dalgleish	
Haddington East Lothian Pacemakers	Colours: Red and White Halves		
249 Katie Watson			
Inverclyde AC	Colours: Black & White Stripes		
250 Sarah Glenny	251 Lisa MacDonald	252 Kerrie McLeod	
253 Emma Meechan	254 Rebecca Munn	255 Natalie O'Neill	
Inverness Harriers	Colours: Gold with Maroon Diagonal		
256 Mhairi MacLennan	257 Alice Gordon	258 Yuka Gallagher	259 Paula Gass
260 Corrin Miller	261 Elaine Murdoch		
Irvine AC	Colours: Red with Black Trim		
262 Paige Douglas	263 Ashley McQueen	264 Stephanie Dalgoutte	
265 Alison Hughes			
Kilbarchan AAC	Colours: Gold with Black Hoop		
266 Kate Gillies	267 Emma Haddock	268 Vanessa Hogan	269 Cara Butler
270 Katie McAlpine	271 Cleo Jackson	272 Fiona Bowes	273 Elaine Eadie
274 Jennifer Eadie			
Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes		
275 Bethany Ross	276 Eve Kerr	277 Amanda Humes	278 Laura Meney
279 Stephanie Sloan	280 Christine Irvine	281 Kelly Gilbert	
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops		
282 Rachel Hayes	283 Clare Brown		
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band		
284 Madeleine Sweeney-Baird	285 Rachel Wyse	286 Amy Crooks	
Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band		
287 Julie Dobbins	288 Emma Bhatti	289 Samantha Stevenson	
Moray Road Runners	Colours: Dayglow yellow with Black Trim		
290 Bethany Wilson			
Nithsdale AC	Colours: Jade Green/Black/White		
291 Danielle Beattie	292 Maili MacKenzie		
Pitreavie AAC	Colours: Navy/Yellow/White		
293 Kathryn Pennel	294 Micaela Brown	295 Paige Graham	
Ron Hill Cambuslang Harriers	Colours: Red with White Band		
296 Mairi Brown	297 Lucy Deeny	298 Lauren Docherty	299 Kerrie Miller
300 Shereen Smith	301 Sarah Millar		
Shetland AAC	Colours: White Vests 3 Blue Hoops		
302 Katie Bristow	303 Lauren Odie		
Shettleston Harriers	Colours: Blue with Gold Band		
304 Amanda Monaghan	305 Helen Pawelczyk	306 Rachael Elliot	307 Sarah Winters
308 Stella Winters	309 Danielle McConway	310 Rebecca Nicholson	
311 Shannon McLellan	312 Johanna Brady		
Stewart AC	Colours: Sky Blue with Black diag Band		
313 Joanna Muir			
Stornoway RC	Colours: Red with Yellow Hoop		
314 Rebecca Munro	315 Holly MacIver	316 Ailis Murray	
Victoria Park City of Glasgow	Colours: Blue and White Hoops		
317 Charlotte Chambers	318 Deborah Hannah	319 Tatiana E Quick	
320 Amy MacLellan	321 Maria Milliken		

4-21, 428 405 427

Under 17 and Under 20 Women	
Distance 4,800 metres	The race will start at 12.35
Under 17 The winning team to be awarded the 'Dundee Parks Dept. Trophy'	2008 Under 17 Team (VP City of Glasgow)
Under 17 The winning individual to be awarded the 'Lothian Trophy'	2008 Under 17 Ind Elizabeth Potter (VP City of Glasgow) TEAMS 3 TO COUNT
Under 20 Team	2008 Under 20 Team VP City of Glasgow
Under 20 The winning individual to be awarded the 'The Gunstone Millennium Trophy'	2008 Under 20 Ind Nicola Hood (VP City of Glasgow) TEAMS 3 TO COUNT

Aberdeen AAC

322 Rachel Armitage
325 Ashleigh Brand
328 Siobhan Prise (U20)

Ayr Seaforth AAC

330 Stephanie Dougan

Banchory Stonehaven AC

331 Rhona Auckland

Central AC

332 Rosie Hastings
336 Kayleigh McGurk

Corstorphine AAC

337 Megan Smith (U20)

Dundee Hawkhill Harriers

338 Emily Stewart

Dunfermline & West Fife AC

340 Laura Muir

East Kilbride AAC

341 Deborah Stokoe

Edinburgh AC

344 Samantha Blair
347 Lauren Stoddart (U20)

Edinburgh University H&H

348 Katie Pollock (U20)
351 Laura Sharp (U20)

Fife AC

354 Fiona Bracegirdle

Forres Harriers

357 Eleanor Duncan

Giffnock North AAC

359 Catriona Lockie
362 Joanna Thomson
365 Ruth Joss (U20)

368 Rachel McDowall (U20)

Girvan AAC

369 Louise Hill-Stirling

Greenock Glenpark Harriers

370 Emily Pollock

Inverclyde AC

372 Rachael Bushfield
375 Deborah Moore
378 Susanna Spence (U20)

Colours: White with 2 red hoops

323 Ellie Buchan
326 Laura Hepburn (U20)
329 Freyja Prentice (U20)

Colours: White with Red Diagonal Cross

Colours: Royal Blue with White band

Colours: Yellow and Blue

333 Catriona Buchanan

Colours: White with Black Trim

Colours: Blue and White Quarters

339 Sarah Kelly

Colours: Dark Blue, Light Blue, White

Colours: Gold with 2 Black hoops

Colours: White with one Blue, one Black Hoop

342 Fiona Borthwick
343 Hayley Frier

Colours: Green with White side Panel

345 Emily Dudgeon
346 Laura Goodson

Colours: White with Red Band

355 Lucy Duff
356 Kiri Stone

Colours: Red

358 Kirstie Rogan

Colours: Amber with Royal Blue Hoop

360 Claire McAuley
361 Lauren Mackin

363 Helena Brown
364 Kathryn B Griffin

366 Nicole McLeod (U20)
367 Megan L Crawford (U20)

Colours: White with Blue & Green Hoops

Colours: Sky Blue with Royal Blue and Gold Hoops

371 Emma Baxter (U20)

Colours: Black & White Stripes

373 Nicole Darroch
374 Emma Fulton

376 Nynke Mulholland
377 Emma Rice

Inverness Harriers

379 Zoe Beattie

Irvine AC

382 Sarah Munn

Kilbarchan AAC

384 Samantha Kelly
388 Charlotte Walker
391 Jessica Martin (U20)
394 Claire McNicol (U20)

Kilmarnock Harriers

395 Lois Shankland

Kirkintilloch Olympians

397 Alexandra Lamond

Law & District AAC

400 Nicola Lindsay

Livingston & District AAC

402 Amanda Campbell

Lothian Running Club

404 Lana Turnbull

Moorfoot Runners

407 Scout Adkin

Moray Road Runners

409 Gemma Cormack

Nithsdale AC

410 Stephanie Lawrie

Perth Strathtay Harriers

411 Rachel Clark

Pitreavie AAC

412 Siobhan Coleman (U20)

Shetland AAC

413 Emma Leask

Springburn Harriers

415 Danielle Brown (U20)

Stornoway RC

416 Ceit Stewart

Victoria Park City of Glasgow

419 Hollie Young
423 Jennifer Hannah
426 Rebecca Finch (U20)
428 Nicola Hood (U20)

Colours: Gold with Maroon Diagonal

380 Eilidh Black
381 Jo Shepherd

Colours: Red with Black Trim

383 Nicole Bunyan (U20)

Colours: Gold with Black Hoop

385 Amanda Herron
386 Deborah Henderson
387 Sorcha Lynch
389 Michelle Bell (U20)
390 Natalie Sharp (U20)
392 Christina Rankin (U20)
393 Elspeth Curran (U20)

Colours: Royal Blue with 2 White Stripes

396 Sarah McNish

Colours: Sky Blue with White and Black Hoops

398 Lauren McIntyre
399 Hannah Terrance

Colours: Amber with 2 Red Bands and 1 White Band

401 Alison Cameron (U20)

Colours: Yellow with Green Stripe

403 Robyn McDowall (U20)

Colours: Blue with Black letters

405 Rachael McIlwraith
406 Sarah Inglis (U20)

Colours: Red and Blue

408 Alexandra Campbell (U20)

Colours: Dayglow yellow with Black Trim

Colours: Jade Green/Black/White

Colours: Orange with Blue Trim

Colours: Navy/Yellow/White

Colours: White Vests 3 Blue Hoops

414 Sadie Younger

Colours: Navy Blue with White Diamond

Colours: Red with Yellow Hoop

417 Jane MacIver
418 Eilidh MacKenzie (U20)

Colours: Blue and White Hoops

420 Sarah Potter
421 Elizabeth Potter
422 Rhian Dawes
424 Michaela Stephen
425 Corrine McConnachie
427 Josephine Moultrie (U20)
429 Abbey McGhee (U20)

Under 17 Men	
Distance 6,400 metres	The race will start at 12:55
The winning team to be awarded the 'Bryson Cup'	2008 Team Kilbarchan AAC
The winning individual to be awarded the 'Goodwin Bowl'	2008 Ind Chris O'Hare (Edinburgh AC) TEAMS 4 TO COUNT

Arran Runners

344 Cameron Paul

Ayr Seaforth AAC

345 Andrew Rae

Banchory Stonehaven AC

348 Robbie Simpson

Carnegie Harriers

350 Calum McGaw

Central AC

351 David MacKinlay

354 David Hutchison

Clydesdale Harriers

358 Peter Bowman

Corstorphine AAC

361 Fraser Scott

Dundee Hawkhill Harriers

363 Steven Lyall

367 Adam Guthrie

East Kilbride AAC

368 Adam Gatens

371 Calum McLaughlin

East Sutherland AC

374 Iain Campbell

Edinburgh AC

375 Andrew Crichton

379 Callum Wilson

382 Edward Dudgeon

Falkirk Victoria Harriers

385 Euan Martin

Fife AC

386 Mark S Buchan

George Heriots School

388 George Poolman

391 Gordon Revolta

Giffnock North AAC

393 Matthew Ritchie

396 Martin Fishwick

Individuals

399 Duncan MacArthur

Inverclyde AC

400 Craig Anderson

Inverness Harriers

403 Christopher Fife

Kilbarchan AAC

404 Callum Hawkins

407 Stephen Fleming

410 Thomas McDonald

Kilmarnock Harriers

412 Dylan Chester

Colours: Black/Yellow

Colours: White with Red Diagonal Cross

346 Jonathan Dunn 347 Thomas Andrews

Colours: Royal Blue with White band

349 Stewart Clark

Colours: Orange & Green

Colours: Yellow and Blue

352 Scott Green 353 Andrew Butchart

355 Sandy MacLarty 356 Christopher Clarke

Colours: White with Black "C"

359 Mark Busby 360 Andrew Cusick

Colours: White with Black Trim

362 Andrew Christy

Colours: Blue and White Quarters

364 Reuben Toy 365 Paul Dempsey

Colours: Gold with 2 Black hoops

369 Andrew Shaw 370 Paul Brooks

372 Fraser Jamieson 373 Stephen (jnr) Paris

Colours: White with one Blue, one Black Hoop

376 Fraser Mann 377 Marcus Cram

380 Adam Jack 381 Nikhil Mair

383 Tom Ryan 384 Peter Loudon

Colours: Black with Gold Band

Colours: White with Red Band

387 Liam Hutson

Colours: White with Blue Band

389 Ross Christie 390 Fraser Gunn

392 Joshua Yates

Colours: Amber with Royal Blue Hoop

394 Greg Turner 395 Alistair McCallum

397 Luke Traynor 398 Miles Hollinshead

Colours: Black & White Stripes

401 Andrew Campbell 402 Paul Currie

Colours: Gold with Maroon Diagonal

Colours: Gold with Black Hoop

405 Andrew McAlpine 406 Blair Crawford

408 Graham Evans 409 Joe Clayton

411 Connor Henderson

Colours: Royal Blue with 2 White Stripes

413 Ross Connelly 414 Grant Beattie

Kinross Road Runners

415 Cameron Milne

Kirkintilloch Olympians

416 Craig McIntyre

Lasswade AAC

417 Ross Matheson

Law & District AAC

418 Jonathan Velu

Lothian Running Club

421 Alastair Robertson

Mid Argyll AC

423 Gary Turner

Moray Road Runners

424 Donald Shand

Nithsdale AC

426 David Vernon

Perth Strathtay Harriers

430 Douglas Lambie

Pitreavie AAC

433 Christopher Rennison

Ron Hill Cambuslang Harriers

434 Andrew Coulter

438 Andrew Wilson

Shetland AAC

440 Tom Moncrieff

Shettleston Harriers

441 Lachlan Oates

444 Adam Drummond

Stornoway RC

447 Robert Smith

Teviotdale Harriers

448 Mark McEewan

Colours: Yellow with Royal Blue Band

Colours: Sky Blue with White and Black Hoops

Colours: White with 2 Blue Bands and Red Band

Colours: Amber with 2 Red Bands and 1 White Band

419 Bobby Hill 420 Douglas Frame

Colours: Blue with Black letters

422 Craig McDowall

Colours: Yellow with 2 Black vertical Bands

Colours: Dayglow yellow with Black Trim

425 John Little

Colours: Jade Green/Black/White

427 Kyle McLellan 428 Ronan McLellan

429 Jack Hastings

Colours: Orange with Blue Trim

431 Michael Jardine 432 Ben MacKinnon

Colours: Navy/Yellow/White

Colours: Red with White Band

435 Jack Hamilton

436 Andrew Hunter

437 Stewart Orr

439 Bobby Bristow

Colours: White Vests 3 Blue Hoops

Colours: Blue with Gold Band

442 Andrew Dearie 443 Gary McBride

445 Andrew McColl 446 David Kane

Colours: Red with Yellow Hoop

Colours: White with Maroon Band

Under 17 Men	
Distance 6,400 metres	The race will start at 12.55
The winning team to be awarded the 'Bryson Cup'	2008 Team Kilbarchan AAC
The winning individual to be awarded the 'Goodwin Bowl'	2008 Ind Chris O'Hare (Edinburgh AC) TEAMS 4 TO COUNT

Arran Runners

344 Cameron Paul

Ayr Seaforth AAC

345 Andrew Rae

Banchory Stonehaven AC

348 Robbie Simpson

Carnegie Harriers

350 Calum McGaw

Central AC

351 David MacKinlay

354 David Hutchison

Clydesdale Harriers

358 Peter Bowman

Corstorphine AAC

361 Fraser Scott

Dundee Hawkhill Harriers

363 Steven Lyall

367 Adam Guthrie

East Kilbride AAC

368 Adam Gatens

371 Calum McLaughlin

East Sutherland AC

374 Iain Campbell

Edinburgh AC

375 Andrew Crichton

379 Callum Wilson

382 Edward Dudgeon

Falkirk Victoria Harriers

385 Euan Martin

Fife AC

386 Mark S Buchan

George Heriots School

388 George Poolman

391 Gordon Revolva

Giffnock North AAC

393 Matthew Ritchie

396 Martin Fishwick

Individuals

399 Duncan MacArthur

Inverclyde AC

400 Craig Anderson

Inverness Harriers

403 Christopher Fife

Kilbarchan AAC

404 Callum Hawkins

407 Stephen Fleming

410 Thomas McDonald

Kilmarnock Harriers

412 Dylan Chester

Colours: Black/Yellow

Colours: White with Red Diagonal Cross

346 Jonathan Dunn 347 Thomas Andrews

Colours: Royal Blue with White band

349 Stewart Clark

Colours: Orange & Green

Colours: Yellow and Blue

352 Scott Green 353 Andrew Butchart

355 Sandy MacLarty 356 Christopher Clarke

Colours: White with Black "C"

359 Mark Busby 360 Andrew Cusick

Colours: White with Black Trim

362 Andrew Christy

Colours: Blue and White Quarters

364 Reuben Toy 365 Paul Dempsey

Colours: Gold with 2 Black hoops

369 Andrew Shaw 370 Paul Brooks

372 Fraser Jamieson 373 Stephen (jnr) Paris

Colours: White with one Blue, one Black Hoop

376 Fraser Mann 377 Marcus Cram

380 Adam Jack 381 Nikhil Mair

383 Tom Ryan 384 Peter Loudon

Colours: Black with Gold Band

Colours: White with Red Band

387 Liam Hutson

Colours: White with Blue Band

389 Ross Christie 390 Fraser Gunn

392 Joshua Yates

Colours: Amber with Royal Blue Hoop

394 Greg Turner 395 Alistair McCallum

397 Luke Traynor 398 Miles Hollinshead

Colours: Black & White Stripes

401 Andrew Campbell 402 Paul Currie

Colours: Gold with Maroon Diagonal

Colours: Gold with Black Hoop

405 Andrew McAlpine 406 Blair Crawford

408 Graham Evans 409 Joe Clayton

411 Connor Henderson

Colours: Royal Blue with 2 White Stripes

413 Ross Connelly 414 Grant Beattie

Kinross Road Runners

415 Cameron Milne

Kirkintilloch Olympians

416 Craig McIntyre

Lasswade AAC

417 Ross Matheson

Law & District AAC

418 Jonathan Velu

Lothian Running Club

421 Alastair Robertson

Mid Argyll AC

423 Gary Turner

Moray Road Runners

424 Donald Shand

Nithsdale AC

426 David Vernon

Perth Strathtay Harriers

430 Douglas Lambie

Pitreavie AAC

433 Christopher Rennison

Ron Hill Cambuslang Harriers

434 Andrew Coulter

438 Andrew Wilson

Shetland AAC

440 Tom Moncrieff

Shettleston Harriers

441 Lachlan Oates

444 Adam Drummond

Stornoway RC

447 Robert Smith

Teviotdale Harriers

448 Mark McEewen

Colours: Yellow with Royal Blue Band

Colours: Sky Blue with White and Black Hoops

Colours: White with 2 Blue Bands and Red Band

Colours: Amber with 2 Red Bands and 1 White Band

419 Bobby Hill 420 Douglas Frame

Colours: Blue with Black letters

422 Craig McDowall

Colours: Yellow with 2 Black vertical Bands

Colours: Dayglow yellow with Black Trim

425 John Little

Colours: Jade Green/Black/White

427 Kyle McLellan 428 Ronan McLellan

Colours: Orange with Blue Trim

431 Michael Jardine 432 Ben MacKinnon

Colours: Navy/Yellow/White

Colours: Red with White Band

435 Jack Hamilton 436 Andrew Hunter 437 Stewart Orr

439 Bobby Bristow

Colours: White Vests 3 Blue Hoops

Colours: Blue with Gold Band

442 Andrew Dearie 443 Gary McBride

445 Andrew McColl 446 David Kane

Colours: Red with Yellow Hoop

Colours: White with Maroon Band

Colours: Red with Yellow Hoop

Colours: White with Maroon Band

Senior Women	
Distance 8,000 metres	The race will start at 1.25
The winning team will be awarded the Daily Record Trophy	2008 Team Edinburgh AC
The winning individual will be awarded the Mary Semple Trophy	2008 Ind Susan Partridge (VP City of Glasgow) TEAMS 3 TO COUNT

Aberdeen AAC 430 Sonia Armitage 434 Veronique Oldham	Colours: White with 2 red hoops 431 Rhona Buchan 435 Laura Mahady	432 Marie Dobson 436 Sarah Dunn	433 Fiona Rudkin
Ayr Seaforth AAC 437 Toni McIntosh	Colours: White with Red Diagonal Cross		
Bellahouston Harriers 438 Erica Christie	Colours: Dark Blue with Light Blue Cross 439 Sharon Taylor	440 Joanne Sharp	441 Connie Hydes
Bellahouston Road Runners 442 Julie Fitzpatrick 446 Clare Blue 450 Joanna Lennox	Colours: Purple with White Band 443 Carla Deans 447 Jacqueline McGuire 451 Katie Padgham	444 Emma Birnie 448 Julia Harris	445 Claire Thompson 449 Elke Schmidt
Calderglen Harriers 452 Mary Goldsmith	Colours: Amber and Black Vertical Stripes 453 Sandra Reid	454 Dawn Buchanan	
Carnegie Harriers 455 Morna Fleming	Colours: Orange & Green 456 Lesley Halstead	457 Linda James	
Carnethy Hill RC 458 Lyn Wilson	Colours: Yellow with Red letters 459 Jacqui Higginbottom	460 Katie Friend	
Central AC 461 Morag MacLarty 465 Jane Waterhouse 469 Sarah Wiseman 473 Isla Campbell	Colours: Yellow and Blue 462 Fiona Thompson 466 Hazel Dean 470 Fiona Kelsall 474 Aylene Finlay	463 Claire Houston 467 Alison Docherty 471 Jennifer Emsley	464 Emma Waterhouse 468 Stephanie Loach 472 Katie Whitehouse
Chester Le Street 475 Maxine Czarnocka	476 Melissa Turner		
Clydesdale Harriers 477 Marina McCallum 480 Christine Duncanson	Colours: White with Black "C" 478 Kathryn Scott	479 Ann Murray	
Corstorphine AAC 481 Beverley Christy 485 Kerry Porter	Colours: White with Black Trim 482 Susan Johnston 486 Eve Ritchie	483 Gillian Carr	484 Corrie Roberts
Dunbar Running Club 487 Anne Hay	Colours: White with Green Diagonal		
Dundee Road Runners 488 Jane Dunlop	Colours: White with Blue Diagonal 489 Morag Taggart		
East Kilbride AAC 490 Kelly Baillie	Colours: Gold with 2 Black hoops 491 Joanne McEvoy		
Edinburgh AC 492 Jennifer MacLean 496 Victoria Lomax 500 Vicki Frew 504 Niamh Devlin	Colours: White with one Blue, one Black Hoop 493 Debra Murray 497 Karen Dobbie 501 Hayley Ovens 505 Nicola Gauld	494 Sharyn Ramage 498 Freya Murray 502 Morag Macniven 506 Joanne Thom	495 Lianne Logan 499 Susan Ridley 503 Katja Eravisto 507 Marietta Beal
Edinburgh University H&H 508 Briony Curtis 512 Hannah Edwards	Colours: Green with White side Panel 509 Catriona McCleery 513 Heidi Nicholson	510 Sarah Louise Johnson	511 Kirsten Hogg
Falkirk Victoria Harriers 514 Janette Stevenson	Colours: Black with Gold Band 515 Lorna Dewar	516 Christine Eadie	517 Elaine Thomson
Ferranti AAC 518 Julia Drewer	Colours: Yellow with Black letters 519 Siobhan Sellar	520 Claire Gilchrist	521 Elizabeth Gilchrist
Fife AC 522 Innes Bracegirdle 526 Sarah Legge 530 Jocelyn Scott 534 Hilary Ritchie	Colours: White with Red Band 523 Morgan Windram-Geddes 527 Phyllis Lemoncello 531 Helen Sharpe 535 Susan Thomson	524 Angela Howe 528 Morgan Murphy 532 Fiona Walker	525 Liz Killean 529 Louise Provan 533 Nikki Harrison
Forfar Road Runners 536 Cath McNally	Colours: Sky Blue 537 Elizabeth Nicoll		
Gala Harriers 538 Fiona Shepherd 542 Gillian Duncan 546 Rachel Fagan	Colours: White with Green Band 539 Eileen Nicol 543 Leanne Haining 547 Fiona Dalgleish	540 Margot Crosbie 544 Dianne Lauder 548 Melanie Goodson	541 Andrea Pogson 545 Katy Anderson 549 Shelagh King
Garscube Harriers 550 Alison Winship 554 Mairi Stanley 558 Lesley Chapman	Colours: White with Blue Band 551 Kirsty Husband 555 Carmel Gilmour	552 Heather McIntosh 556 Kathryn Mellor	553 Ailsa Currie 557 Marion Kelly

Giffnock North AAC 559 Yvonne Hamilton 563 Anne Lee	Colours: Amber with Royal Blue Hoop 560 Jacqueline Cowan 564 Maureen McVey	561 Lauren Baird 565 Sara Stevenson	562 Mary McCutcheon
Glasgow University H & H 566 Yulia Uzunova	Colours: Black and Gold		
Greenock Glenpark Harriers 567 Fiona Cushman 571 Yvonne Prager	Colours: Sky Blue with Royal Blue and Gold Hoops 568 Terry Wall 572 Morag Campbell	569 Dorothy McCormick	570 Lorna Coyle
Haddington East Lothian Pacemakers 573 Ruth Watson	Colours: Red and White Halves		
Harmeny AC 574 Beverley Dodgson 578 Caroline Dunn	Colours: Red with Green Diagonal 575 Fiona Donaldson	576 Lorna Broadhurst	577 Kerry Scott
Helensburgh AAC 579 Julia Henderson 583 Janet Fellowes	Colours: Yellow with Red Band 580 Michelle Hetherington 584 Tina Munro	581 Jennifer Fitzgerald	582 Claire Heasman
Hunters Bog Trotters 585 Jessica Bauerham 589 Miranda Grant 593 Isobel Knox 597 Alison C McNeill 601 Ellis O'Neill 605 Margaret Spalding 609 Sula Young	Colours: Brown 586 Christine Buckley 590 Jane Hart 594 Deborah MacDonald 598 Phyllis Mitchell 602 Sandra Rathjen 606 Claire Ward	587 Carrie Craig 591 Kate Jenkins 595 Morag McCracken 599 Fionn Nairn 603 Janice Smith 607 Eilidh Wardlaw	588 Claire Gordon 592 Alexandra Kilgour 596 Shona McIntosh 600 Rose Nicholson 604 Rosie Smith 608 Megan Wright
Inverclyde AC 610 Alma Imponeti	Colours: Black & White Stripes 611 Rhona Bushfield	612 Claire Kelly	613 Sarah Kelly
Kilbarchan AAC 614 Lynsey Curran 618 Caroline Gibson	Colours: Gold with Black Hoop 615 Karen Yule 619 Wanda Phillips	616 Leanne Hamilton 620 Kerry Lang	617 Hannah Waugh
Kilmarnock Harriers 621 Lindsay McMahon	Colours: Royal Blue with 2 White Stripes 622 Elizabeth McDermott	623 Paula Wilson	624 Kara Tait
Kirkintilloch Olympians 625 Mary Hendry	Colours: Sky Blue with White and Black Hoops 626 Pamela Parker	627 Ada Stewart	628 Shirley MacNab
Lasswade AAC 629 Lorna Rice	Colours: White with 2 Blue Bands and Red Band 630 Johanne Turnbull	631 Ann Edgar	
Livingston & District AAC 632 Louise Crilly	Colours: Yellow with Green Stripe 633 Yvonne Crilly	634 Sue McDowall	
Lochaber AC 635 Dawn Scott	Colours: White with 2 Blue Hoops 636 Jo Schrieber		
Lothian Running Club 637 Edal Mooney 641 Jill Horsburgh	Colours: Blue with Black letters 638 Lynne Murray 642 Marie Storie	639 Sarah Jones 643 Helen Murray	640 Margaret Turnbull 644 Lorna Eades
Moray Road Runners 645 Lydia Davis	Colours: Dayglow yellow with Black Trim		
Motherwell AC 646 Clare Barr 650 Joanne Clark	Colours: Red with White edging 647 Elaine Jamieson	648 Phyllis Hands	649 Gayle Tait
Penicuik Harriers 651 Sarah Blake	Colours: Purple with White Panels		
Pitreavie AAC 652 Alison Whyte	Colours: Navy/Yellow/White 653 Jayne Clark	654 Lauren Candlish	
Shettleston Harriers 655 Avril Mason	Colours: Blue with Gold Band 656 Susan Breckenridge	657 Fiona Maxwell	658 Christine Patterson
Springburn Harriers 659 Caroline Brownlie 663 Frances Florence	Colours: Navy Blue with White Diamond 660 Clare Gemmell	661 Fiona Gentles	662 Michelle Sandison
Stornoway RC 664 Chirsty MacLeod	Colours: Red with Yellow Hoop		
Strathearn Harriers 665 Elizabeth Mestecky	666 Alison Manners		
Teviotdale Harriers 667 Donna Inglis 671 Gillian Young	Colours: White with Maroon Band 668 Sylvia Grieve	669 Pamela Paxton	670 Catriona M Young
Troon Tortoises AC 672 Moira Connell	Colours: Yellow with 2 Black Half hoops 673 Anne Noble		
Victoria Park City of Glasgow 674 Susan Finch 678 Jacqueline Thomson	Colours: Blue and White Hoops 675 Christine Caterson 679 Kirsteen Young	676 Donna Finlayson 680 Kirsty Baird	677 Lindsay MacNeill 681 Joanne Finch
Westerlands CCC 682 Pauline McAdam	Colours: Yellow with Black "W" on Back 683 Catriona Miller	684 Christine Menhennet	

Under 20 Men	
Distance 8,000 metres	The race will start at 2.00
The winning team to be awarded the 'Marshall Trophy'	2008 Team Kilbarchan AAC
The winning individual to be awarded the 'Livingstone Trophy'	2008 Ind Conor McNulty (Kilbarchan AAC) TEAMS 4 TO COUNT

Aberdeen AAC 628 Mark Haskett 632 James Joy	Colours: White with 2 red hoops 629 Myles Edwards 630 Ross Fulton 633 Cameron Strachan 634 Robert Young	631 Rory Leslie
Arbroath & District AC 635 Lewis Morrison	Colours: Black with vertical yellow stripe	
Caithness AAC 636 Graeme Taylor	Colours: White with Blue Line	
Central AC 637 Scott McDonald	Colours: Yellow and Blue 638 Sean Reilly 639 Alexander Hendry	640 Jonathan Tolson
Clydesdale Harriers 641 Ryan Nelson	Colours: White with Black "C"	
Corstorphine AAC 642 Colum McKenzie	Colours: White with Black Trim	
Dundee Hawkhill Harriers 643 Matthew White	Colours: Blue and White Quarters	
Dunfermline & West Fife AC 644 Owen Miller	Colours: Dark Blue, Light Blue, White	
East Kilbride AAC 645 Jamie Clements 649 Fraser Morgan	Colours: Gold with 2 Black hoops 646 David Gorman 647 Niall Walker	648 John Fergusson
Edinburgh AC 650 Darren Steel	Colours: White with one Blue, one Black Hoop 651 Chris O'Hare 652 David New	653 Stewart Fraser
Edinburgh University H&H 654 Doug Tullie 658 Ryan Cox	Colours: Green with White side Panel 655 Michael Gillespie 656 William Nicholson 659 Scott Wallace 660 Matthew Sutherland	657 Jonathan Pawson
George Heriots School 661 Matthew Haigh	Colours: White with Blue Band 662 Douglas Cameron	
Giffnock North AAC 663 David Walker 667 Ian Whiteford	Colours: Amber with Royal Blue Hoop 664 Jamie MacGregor 665 Rory Cartwright 668 Ross McLeane	666 Stuart Whiteford
Glasgow University H & H 669 Tommy Gore	Colours: Black and Gold	
Inverclyde AC 670 John Cooke	Colours: Black & White Stripes 671 Sean Gaffney	
Kilbarchan AAC 672 Derek Hawkins 676 Grant Higgins	Colours: Gold with Black Hoop 673 Scott Hawkins 674 Paul Leck	675 Nicholas Emsley
Kilmarnock Harriers 677 James Wales	Colours: Royal Blue with 2 White Stripes	
Kirkintilloch Olympians 678 Kevin Cornes	Colours: Sky Blue with White and Black Hoops 679 Kevin Gall 680 Adam Peters	
Law & District AAC 681 Gary Grieve	Colours: Amber with 2 Red Bands and 1 White Band	
Lothian Running Club 682 Robert Inglis	Colours: Blue with Black letters 683 Dren Thomson 684 Chris Rumbles	
Moray Road Runners 685 Robbie Cammack	Colours: Dayglow yellow with Black Trim	
North Uist AAC 686 Iain Townsend	Colours: White	
Pitreevie AAC 687 Tom Fleming	Colours: Navy/Yellow/White	
Shetland AAC 688 Joshua Morrison	Colours: White Vests 3 Blue Hoops 689 Alan Williamson	
Shettleston Harriers 690 Tsegai Tewelde 693 Matthew Gillespie	Colours: Blue with Gold Band 691 Matthew Turner 692 Ruairidh Munro	
Springburn Harriers 694 Jonathan Graham	Colours: Navy Blue with White Diamond	
Victoria Park City of Glasgow 695 Sean Fontana	Colours: Blue and White Hoops 696 Allan Ramsay 697 Martin Hayes	

Senior Men	
Distance 12,000 metres	The race will start at 2.30
The winning team to be awarded the 'Elkington Shield' for 12 months	2008 Team Ron Hill Cambuslang
The winning individual to be awarded the 'W H Dunlop Trophy'	2008 Ind Mark Pollard (Inverclyde AC) TEAMS 6 TO COUNT

Aberdeen AAC 1 Benjamin Hukins	Colours: White with 2 red hoops 2 Keith Charlton 3 David Duguid 4 Frank Boyne
Arbroath & District AC 5 Cameron Morrison	Colours: Black with vertical yellow stripe
Arran Runners 6 Paul Emsley	Colours: Black/Yellow
Barnet & Dist 7 Grant Ramsay	Colours: Black
Beith Harriers 8 David Hughes	Colours: Dark Blue with Light Blue Cross 10 Stewart Collins 11 Campbell Joss 13 Alun Myers 14 Iain Burke
Bellahouston Harriers 9 J Poole 12 Andrew Campbell 15 Graeme Gemmell	Colours: Purple with White Band 17 Stuart Mathieson 18 Colin McGill 20 Mark Johnston 21 Andrew Birnie 22 Scott Kennedy 24 Ewan W McDonald 25 Joe Sheridan 26 John Milligan 28 Mike Devlin 29 Andrew Hardman 30 Peter Goodwin 32 Tom McMillan 33 David Boyle
Bellahouston Road Runners 16 Brian Ewins 19 Brian O'Donnell 23 Greig Glendinning 27 David Weatherhead 31 Matthew Williamson	
Bristol & West 34 Thomas Russell	Colours: Amber and Black Vertical Stripes 36 Jamie McMonagle 37 Alan Derrick 38 Charles Steven 40 Graham Allan 41 Edward Reid 42 Jim Holmes 44 Ian Rae 45 Colin Banks 46 Graham Lindsay 47 Scot Hill 48 David Herbertson 49 Alan Cullir
Calderglen Harriers 35 Stuart Gibson 39 David Searil 43 Benny Rooney 46 Graham Lindsay 50 George Stewart	Colours: Orange & Green 52 Nicholas Weir 53 Lewis Lawson 54 Ian Stewart 56 Allan Fotheringham 57 Mike Harvey 58 John Fulham 60 Simon Plummer 61 Phil Smithard 63 Andrew Wright 64 David Simpson 65 Peter Simpson 67 Steven King 68 Alan Manson 69 Alan Cockburn
Carnegie Harriers 51 Ian Johnston 55 Thomas Lawrence 59 David Greig 62 Andrew Symonds 66 Campbell Reid 70 Paul Arnott	Colours: Yellow and Blue 73 Robert Russell 74 Alasdair Anthony 75 Ross Houston 77 Michael Wright 78 Steve Laing 79 Alex Milne 81 Cameron Campbell 82 Alan Gall 83 Ewan Jack 85 John Millar 86 David Eiser 88 George McHardy 89 William Gault 90 Philip Williams 92 Robert Hutchison 93 David Armour 94 Hugh Buchanan 96 Will Hensman 97 Robert Wiseman 98 Hugh Kerr 100 Roger Greenaway 101 Alan Hume
Central AC 72 Alastair Hay 76 Lewis Millar 80 David Hay 84 Liam McCabe 87 Christopher McHardy 91 Philip Hendry 95 James Drummond 99 Ian McDonald	Colours: White with Black "C" 102 Bobby Rossborough 103 James Austin 104 Prasad Prasad 105 Peter Rudzinski 106 Gerard Montgomery 107 Paul Carroll 108 Gary Dick 109 Iain Robertson
Clydesdale Harriers 102 Bobby Rossborough 105 Peter Rudzinski 109 Iain Robertson	

Corstorphine AAC

110 Keith Hood
113 Douglas Selman
117 Graeme Fletcher
121 Christopher Peggie
124 David Henderson
127 Christopher O'Brien
130 Nicholas Brown

Cosmic Hillbashers

132 Stuart Hunter

Dumbarton AAC

133 Peter Walsh
137 Stewart Sloss

Dunbar Running Club

141 Ian Rowland

Dundee Hawkhill Harriers

145 Matthew Strachan
148 Antony Robinson

East Kilbride AAC

151 Gordon Colvin
154 Graeme Haddow
158 Ralph Riach
162 Chris Stirling

Edinburgh AC

164 Roger Alsop
168 Stephen Booth
172 Martin Ferguson
175 Alistair Hennessey
179 Scott Innes
183 Andrew Laycock
187 Juan Mareque
191 Walter McCaskey
195 Lars Ottemoller
198 Garry Robertson
202 Grant Stewart
206 Iain Whitaker
210 Scott Logan

Edinburgh University H&H

211 Robbie Kerr
214 Duncan Coombs
218 Will Hugh Bailey
221 Joseph Littlechild

Falkirk Victoria Harriers

224 John Denholm
227 Andrew Ronald
231 Michael McQuaid

Ferranti AAC

233 Edward McDonald
237 Trevor Ridley

Fife AC

240 Bryce Aitken
243 Andrew Brierley
247 Douglas Gunstone
251 Andrew Liston
254 Daniel Newman
258 Christopher Russell
262 Matthew MacPherson

Colours: White with Black Trim

111 Bryan Lark
114 Dean Carr
118 Bruce Malcolm
122 Jan-Bert Van Den Berg
125 Martin Hulme
128 Kris Berry
131 Dave Law

Colours: Black with Red Band

134 Mark Walsh
138 Brian Clark

Colours: White with Green Diagonal

142 George Gilhooley

Colours: Blue and White Quarters

146 Neil Gunstone
149 Ritchie Nicholls

Colours: Gold with 2 Black hoops

152 Grant Baillie
155 Edgar Ramage
159 Kenny McNamee
163 Michael Browne

Colours: White with one Blue, one Black Hoop

165 Matthew Bell
169 Owain Bristow
173 Malcolm Fraser
176 Jonathan Henderson
180 Marek Jurasinski
184 Seamus Keely
188 Richard Meade
192 Stephen Maniam
196 Adam Priestley
199 Bill Rubie
203 Eric Stevenson
207 Jonathan Whitehead

Colours: Green with White side Panel

212 Ben Cole
215 Yujiro Iida
219 George Ashley
222 Huw Jones

Colours: Black with Gold Band

225 David Bunyan
228 Alexander Davidson
232 Neil Robertson

Colours: Yellow with Black letters

234 Robert Miller
238 Keith Weston

Colours: White with Red Band

241 Daryl Beggs
244 Stewart Davidson
248 Jacob Howe
252 Neil Martin
255 Roger Rees
259 Tom Scott
263 D.Melville Scobie

112 Scott Pilkington
115 Michael Anderson
119 Grant Wilkie
123 David Colman
126 Shaun Cavens
129 Andrew Connick

116 Steven Blair
120 John Christy

136 Frank Yeoman
140 Marc Casey

144 Ian Sills

157 Andrew Little
161 Kevin Downie

167 Neil Calder
171 Keith Dunlop

178 Brian Howie
182 Stephen Lisgo
186 Keith Lyall
190 Roy Mitchell
194 Ryan O'Hare

201 John Steel
205 Adam Ward
209 A Wardlaw

217 David Fulton

230 John Martin

236 John Gavin

246 David Francis
250 Graham Kirby

257 Craig Ross
261 Neil Young

Forfar Road Runners

264 Ronald Milne

Forres Harriers

265 Ben Livesey

Gala Harriers

269 Anthony Lunn
272 Derrick Brydon
275 Gregor McAneny
279 Robert McCrick
282 Graham Pogson

Garscube Harriers

284 Athole Smith
287 David W Dickson
291 Marco Consani
294 Lindsay Cunningham

George Heriots School

297 David Armstrong

Giffnock North AAC

298 Robert I Campbell
302 David Phee
305 Darren Thomson
309 James Galbraith

Girvan AAC

312 Stephen Flanagan
315 Gordon Hamilton

Glasgow University H & H

316 Daniel Bradford
320 Michael Deason

Greenock Glenpark Harriers

321 Andrew McCall
324 Alan O'Rourke
328 Michael Follan
332 Peter Clare

Haddington East Lothian Pacemakers

333 Paddy McDonald
336 Frank McPartland

Harmony AC

339 Robert Turner
343 Alan Kerr

Helensburgh AAC

346 Kenneth White
349 Damien Theaker

Hunters Bog Trotters

353 Duncan Baker
357 Steven Cairns
361 Norman Gould
365 Craig Hunter
368 Craig A McBurney
372 Paul Manson
375 Philip Mowbray
379 Patrick O'Kane
383 Murray Strain
387 William Townsend
391 James Williamson

Hunters Bog T (Ind)

394 Nick Altmann

Colours: Sky Blue**Colours: Red**

266 Graeme Bartlett
270 Graeme Murdoch
273 Euan Jardine
276 Martin Clarke
280 Malcolm Gowans
283 Alistair Wright

Colours: White with Green Band

271 Fergus Johnston
274 Magnus Inglis
277 David Darroch
281 Alistair Laurie

Colours: White with Blue Band

285 Joe McKnight
288 David Geddes
292 Dermot Williamson
295 Andrew Griffiths

Colours: White with Blue Hoop

299 David McNab
303 David Logan
306 Neil Amner
310 Billy Clark

Colours: White with Blue & Green Hoops

300 Gerard McNamee
304 Hugh Gallagher
307 Derek Breen
311 Martin O'Donnell
314 David Clark

Colours: Black and Gold

317 Thomas Fay
318 Scott Mitchell

Colours: Sky Blue with Royal Blue and Gold Hoops

322 David Henderson
325 Thomas Lochndorf
329 Robert Adams

Colours: Red and White Halves

335 Frederick McCain
338 George Armstrong

Colours: Red with Green Diagonal

341 Paul Thompson
344 Gavin Orr
345 Jonathon Page

Colours: Yellow with Red Band

347 Paul Thompson
350 Kevin Johanson
351 Stephen Bell

Colours: Brown

354 Tom Barr
358 Ian Campbell
362 John Hampshire
366 James Jarvis
369 Peter McClelland
373 Billy Minto
376 Rupert Nash
380 Christopher Oliver
384 Jamie Thin
388 Richard Wall
392 David Wright

Colours: Brown

268 David Adam

278 Robin Murray

290 James Taylor

301 Graeme Croll

308 Marc Roper

319 Fred Thomson

327 Robert Wilson
331 Robert Wilson

342 Paul Houston

352 David Bailey

356 Daniel Beckett

360 Allan Gordon

364 Alistair Hart

371 Will Mair

378 Ivor Normand

382 Mark Roberts

386 James Thyne

390 Ian Wellock

Inverclyde AC	Colours: Black & White Stripes		
395 Mark Pollard	396 Christine MacKay	397 Craig Ruddy	398 Kevin Kane
399 Kenny O'Neill	400 Thomas Jamieson	401 Gerard Gaffney	
402 Neil McLaughlin	403 Jude Boulton	404 Robert Gray	
405 Gavin Morrison	406 Stuart Hodge	407 Robert Shaw	
408 Cameron Spence	409 Tom Tracey	410 John Smillie	
Irvine AC	Colours: Red with Black Trim		
411 Alex Allardyce	412 Douglas Connery	413 Colin Miller	414 Brian Craig
415 James White	416 James Sneddon	417 Jamie Findlay	
418 Patrick Cullinane	419 Peter Collier	420 Steven Connell	
421 Andrew Rennie	422 Ian McManus		
Kilbarchan AAC	Colours: Gold with Black Hoop		
423 John McMillan	424 James Snodgrass	425 Robert Quinn	426 Steven Hards
427 Robert Connell	428 Donald Petrie	429 David Mewse	
430 Conor McNulty	431 Fraser Williams	432 Robert Allison	433 James Ogilvie
434 Andrew Clugston	435 Calum Morrison	436 Thomas Hearle	437 Brian Graham
438 Neal Gibson	439 David Mackintosh	440 Michael Finlay	441 Ross Toole
Kilmarnock Harriers	Colours: Royal Blue with 2 White Stripes		
442 Scott Martin	443 Connell Drummond	444 Roderick Pugh	445 William Duffy
446 Alan Brydon	447 Harald Bartl		
Kirkintilloch Olympians	Colours: Sky Blue with White and Black Hoops		
448 David McCormack	449 Robert Rogerson	450 Gary Mitchell	451 William Heirs
452 Edward McLoone	453 Adrian Dow		
Lasswade AAC	Colours: White with 2 Blue Bands and Red Band		
454 Barney Phillips	455 John Murray	456 Richard Connor	
457 Daniel Mulhare	458 Alan McFadden	459 Niall Sheehan	460 Zack Boukelia
461 Andrew Matheson	462 Paul Elliot	463 Martin Gore	
464 Ross Finlayson			
Law & District AAC	Colours: Amber with 2 Red Bands and 1 White Band		
465 Mark Hand	466 Jamie McMorrow	467 William Drysdale	468 James Rowley
469 Patrick Kelly	470 Paul Houston		
Livingston & District AAC	Colours: Yellow with Green Stripe		
471 Steve Thomson	472 Ian Leggett		
Lomond Hill Runners	Colours: Lemon with 2 black Hoops		
473 Gordon Pryde			
Lothian Running Club	Colours: Blue with Black letters		
474 Graeme Ackland	475 David Bell	476 Ross Milne	
477 Steve Dempsey	478 Kenton Jones	479 Scott Nelson	
480 Harry Mulholland	481 Brian Turner	482 James Alexander	483 Ben Hartman
484 Matt Richardson	485 David Eades	486 David Mumford	487 Mark Kassyk
488 Neal Drummond	489 Scott Fraser		
Maryhill Harriers	Colours: Royal Blue		
490 Stevie Lydon	491 Dougie MacDonald	492 Chris Stockdale	493 Stephen Jones
494 Christopher Hever	495 Kenneth Stevenson		
Metro Aberdeen RC	Colours: Black/Yellow Quarters		
496 Bjorn Reiss			
Milburn Harriers	Colours: Light Blue with Dark Blue Diagonal		
497 Stephen Cowper	498 Patrick Burns		
Moray Road Runners	Colours: Dayglow yellow with Black Trim		
499 George Sim	500 Simon Dobbs	501 Colin Green	502 Ewan Paterson
Motherwell AC	Colours: Red with White edging		
503 Alan Tait	504 William Martin	505 Michael Wedlock	
Musselburgh AC	Colours: Red with Black Stripes		
506 Gordon Eadie	507 Tony Segall	508 Alexander Oliver	509 Neil White
510 Dermot Ferry			
Nithsdale AC	Colours: Jade Green/Black/White		
511 William Mackintosh			
Ochil Hill Runners			
512 Ron McCraw	513 Peter Buchanan	514 James MacEwan	
515 Ross McLennan			
Perth Road Runners	Colours: Green and White		
516 Stephen Ferguson	517 Michael Carroll	518 David Knight	519 Derek Phillips
520 Colin Campbell			
Pitreavie AAC	Colours: Navy/Yellow/White		
521 Barry Davie	522 Neil MacLachlan	523 Jeff Farquhar	
524 Archibald Duncan	525 Graeme Crane	526 Colin Beveridge	
527 Andrew Le Good			
Portobello RC	Colours: White with Navy and Blue Bands		
528 William Jarvie	529 Gerard Scullion	530 Scott Jarvie	531 Tony Stapley
532 Ian Goode	533 Graham Henry	534 James Harrison	
535 Benjamin Kemp	536 Peter Buchanan	537 Michael Geoghegan	
Ron Hill Cambuslang Harriers	Colours: Red with White Band		
538 John Brown	539 Freddy Connor	540 Colin Donnelly	
541 David Fairweather	542 Robert Gilroy	543 Greg Hastie	544 Joseph Kealey
545 John MacNamara	546 Alan Macpherson	547 John McPake	
548 Michael O'Hagan	549 Jamie Reid	550 David Rodgers	551 Andy Steven
552 Edward Stewart	553 Gary Wallace	554 Chris Wilson	
555 Kerry Liam Wilson	556 Stephen Wylie		
Shettleston Harriers	Colours: Blue with Gold Band		
557 Peter Carton	558 John Duffy	559 Martin Graham	560 Andy Little
561 Jethro Lennox	562 Stuart Greenway	563 Amanuel Hagos	
564 Kenneth McCoy	565 Thomas Owens	566 Tewoldeberhan Mengisteab	
567 Gordon Phillips	568 Paul Sorrie	569 Denis Williams	570 Marc McColl
571 William Breckenridge	572 Oleg Chepelin	573 David Jamieson	574 John Oates
575 Greg Pawelczyk	576 Tsegezah Woldemichael	577 Raymond Loughran	
578 Stephen Walker			
Springburn Harriers	Colours: Navy Blue with White Diamond		
579 John Bell	580 Alan Cairns	581 Jim Cooper	582 Emilio Cosimo
583 Adam Janeczko	584 Ross McEachern	585 Lee Moran	586 John Owens
587 Kevin Owens			
Stornoway RC	Colours: Red with Yellow Hoop		
588 Andrew Joyce	589 Ross Munro	590 Jim Bruce	
591 Murdo MacKenzie	592 Iain MacKay	593 Gordon MacDonald	
Strathearn Harriers			
594 Ian Beattie	595 Philip Tipping	596 Gordon Morrison	597 Phil Mestecky
598 Will Manners			
Stroud AC			
599 Alexander Russell			
Teviotdale Harriers	Colours: White with Maroon Band		
600 Alan Colman	601 Craig Grieve	602 Alan Inglis	603 David Cavers
604 Alister Biggar	605 Raymond Jaffray	606 Darrell Hastie	
607 Wayne McIntosh	608 Derek Scott	609 Iain Williams	610 Bill Knox
Troon Tortoises AC	Colours: Yellow with 2 Black Half hoops		
611 George McGregor			
Unattached			
612 William Scoular			
Victoria Park City of Glasgow	Colours: Blue and White Hoops		
613 Gerard Craig	614 Derek Gibb	615 Alan Hamilton	
616 Kenneth McVey	617 Kenneth Mitchell	618 Drew Nicoll	619 Chris Sheridan
620 Alastair Douglas			
Westerlands CCC	Colours: Yellow with Black "W" on Back		
621 Owen O'Neill	622 Chris Upson	623 David Riach	624 Steffen Gorgas
625 Hamilton Semple	626 Ian Struthers		
Winchester & D. AC			
627 Chris Powner			